



HELPLINE & ADVICE SERVICE FOR UNPAID CARERS IN CORNWALL

We are here to talk & help with
any challenges or issues you may
be experiencing

Call us 10am - 4pm Monday to
Friday, or text/email us at anytime

07435 870587 | 01736 339226
07775 756454

Email: info@promas.co.uk

Please note calls are charged at standard mobile rate,
but if you text or email us we will contact you within 24
hours (excluding weekends)



HELPLINE & ADVICE SERVICE FOR UNPAID CARERS IN CORNWALL

We are here to talk & help with
any challenges or issues you may
be experiencing

Call us 10am - 4pm Monday to
Friday, or text/email us at anytime

07435 870587 | 01736 339226
07775 756454

Email: info@promas.co.uk

Please note calls are charged at standard mobile rate,
but if you text or email us we will contact you within 24
hours (excluding weekends)

