



## Unpaid carers do you want to understand your benefits and entitlements?

Free zoom course for unpaid carers.



*CAB (Citizens Advice Bureaux) will be delivering a session that will give an overview of the support and financial assistance available to carers including:*

*benefits for carers and the people they care for, changes of circumstance, NI contributions, pensions and acting on someone's behalf.*

*It will be tailored to the needs and interests of the participants.*

The course is a two hour session  
10am–12 noon

24th of March 2021—APPLY NOW

To apply, go to: [www.promas.co.uk/courses/zoom-sessions/](http://www.promas.co.uk/courses/zoom-sessions/)

Or contact: [info@promas.co.uk](mailto:info@promas.co.uk) | 01736 339226

We offer support with downloading & using Zoom  
Please apply at least seven days prior to the first session

